



TEN COMMANDMENTS

A Connecticut newspaper ran an article listing Ten Commandments to help with the hard-of-hearing. The originator is John Leddo, Director of Audiology at the Easter Seal Rehabilitation Center of Eastern Fairfield County, CT.

1. Thou shalt not speak from another room.
2. Thou shalt not speak with your back toward the person with a hearing problem (or their back toward you).
3. Thou shalt not start speaking and walk away.
4. Thou shalt not start speaking and turn away from the person with a hearing problem.
5. Thou shalt not speak in competition with something else (turn off the water, or turn down the radio, etc.)
6. Thou shalt get the attention of the person with the hearing problem (do not start speaking while they are reading or concentrating on TV).
7. Thou shalt try to speak face to face at all times.
8. Thou shalt try to remove obstructions while speaking (your hand from your face, the cigarette from your mouth, etc.)
9. Thou shalt try to speak distinctly.
10. Thou shalt try to be patient.