



Post-Op Adenoidectomy Instructions

Individuals vary in the speed of recovery, but usually return to normal activities within three to four days.

Children should rest, remain indoors and ***AVOID STRENUOUS ACTIVITY*** for ***2 DAYS*** following surgery. Tylenol may be used for post-operative pain management.

Call our office ***IMMEDIATELY*** if you experience fever over **101°**, **bleeding** or **vomiting**.

Bad breath is common; it improves with increased hydration in about two weeks.

You may eat or drink whatever you like. It is important to drink plenty of fluids.
KEEP WELL HYDRATED.

If you have **ANY** questions or concerns, please do not hesitate to call our office.